












Progress: 

OS X El Capitan: Time Machine	
Introduction	
Overview	
<a href="#">Why backup?</a>	
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## OS X El Capitan: Time Machine

### Why backup?



Without a backup, valuable information like music, movies, photos, contacts, and documents can be lost. With Time Machine, the entire contents of the system can be backed up, so that if anything ever happens to the computer or startup disk, the Mac can be restored exactly as it was at the time of the last backup.





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## OS X El Capitan: Time Machine

How to backup



Read the following Apple Support article and then complete the exercise on the next page.

[HT201250: Use Time Machine to back up or restore your Mac](#)







Progress: ██████████

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# OS X El Capitan: Time Machine

## How to restore

Depending on the needs of your customer, you can use Time Machine to restore a single file or an entire backup.



Read the following Apple Support articles:

- [PH21952: OS X El Capitan: Recover your entire system](#)
- [HT201250: Use Time Machine to back up or restore your Mac](#)
- [HT204015: About Time Machine local snapshots](#)

You will be asked questions based on this content in the Quiz chapter or on the exam.





Progress: ██████████

OS X El Capitan: Time Machine	
Introduction	✓
Overview	✓
Why backup?	✓
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Course Evaluation	➤

# OS X El Capitan: Time Machine

## Out of space

As customers accumulate backups, it is possible that they may begin to run out of space on their Time Machine backup drive. Fortunately, Time Machine provides options for moving to a larger drive or removing files.



Review the following Apple Support articles:

- [HT204078: How to move Time Machine backups from one AirPort Time Capsule to another](#)
- [HT202380: Time Machine: How to transfer backups from a current backup drive to a new backup drive](#)
- [PH21959: OS X El Capitan: Remove a backed-up item from your backup disk](#)
- [PH21951: OS X El Capitan: Exclude items from a Time Machine backup](#)

You will be asked questions based on this content in the Quiz chapter or on the exam.



OS X El Capitan: Time Machine ✕



Progress: 

OS X El Capitan: Time Machine	
Introduction	✔
Overview	✔
Why backup?	✔
How to backup	▶
How to restore	✔
Out of space	✔
Quiz	▶
Summary	▶
Course Evaluation	▶

## OS X El Capitan: Time Machine

### Summary

Having completed this course, you should be able to:

- Explain the reasons for encouraging a customer to create a regular backup of his or her data.
- Describe how to use Time Machine in OS X to create, restore, and manage a secure backup copy of a customer's data.
- Correctly answer a set of knowledge-based questions about Time Machine in OS X.

This concludes the OS X El Capitan: Time Machine course. For other courses in the ACMT 2016 curriculum, see Apple Support article, [HT205332: AppleCare Service Certifications](#), or search for ACMT 2016 in ATLAS.